

Change Your **app****tite**

**WHAT ARE YOU HUNGRY FOR?**

Bible Study March 11, 2021  
Morningstar Pentecostal Church  
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# LEARNING OBJECTIVES: (NATURAL & SPIRITUAL)

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What is hunger?



What are you hungry for (your appetite)?



How do you react when you are hungry?



What happens if you don't eat? (malnourished)



What do you eat & the consequence of it?

# Definitions

HUNGER- A COMPELLING NEED OR DESIRE FOR FOOD. ( OR SOMETHING ELSE)

APPETITE-A DESIRE TO SATISFY ANY BODILY NEED OR CRAVING.

A DESIRE OR LIKING FOR SOMETHING;  
FONDNESS; TASTE:




# What does the Bible say?

- [Mat 5:6 KJV] 6 Blessed [are] they which do hunger and thirst after righteousness: for they shall be filled.
- [Jhn 6:35 KJV] 35 And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst.
- [Mat 4:4 KJV] 4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.
- [Deu 8:3 KJV] 3 And he humbled thee, and suffered thee to hunger, and fed thee with manna, which thou knewest not, neither did thy fathers know; that he might make thee know that man doth not live by bread only, but by every [word] that proceedeth out of the mouth of the LORD doth man live.



# WHAT ARE YOU HUNGRY FOR?

- JUNK FOOD
  - FAST FOOD
  - HEALTHY FOOD
  - SOCIAL MEDIA/TV
  - EXERCISE
  - TEMPORARY SATISFACTION
  - QUICK & EASY FIXES
  - TIME IN THE WORD/PRAYER
  - ENTERTAINMENT-NO REAL SUBSTANCE
  - FOCUSED RESISTANCE/FOR GROWTH
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# WHAT ARE YOU HUNGRY FOR?

- [1Co 10:23 KJV] 23 All things are lawful for me, but all things are not expedient: all things are lawful for me, but all things edify not.

SAYING YES ALSO  
MEANS SAYING NO

# HANGRY?

Short-tempered, easily annoyed, frustrated, mean

This is when the enemy will come- ex. Jesus in the wilderness.

Need God MORE THAN





# Spiritually malnourished

- An extended time of not regularly spiritually eating
  - [1Pe 2:2 KJV] 2 As newborn babes, desire the sincere milk of the word, that ye may grow thereby:
- Or not eating as much as you should-
  - You become susceptible to more attacks, can't fight things off as easily as before
  - [1Co 3:2 KJV] 2 I have fed you with milk, and not with meat: for hitherto ye were not able [to bear it], neither yet now are ye able.
  - [Heb 5:12 KJV] 12 For when for the time ye ought to be teachers, ye have need that one teach you again which [be] the first principles of the oracles of God; and are become such as have need of milk, and not of strong meat.

What are you eating(consuming) daily? Weekly?



*You Become*  
**THE CONTENT**  
**YOU CONSUME**

- Everything you take in-what you see, what you hear, what you read, what you spend time doing-
- Is it milk, meat or strong meat?
- Is it lawful? Is it edifying?
- What are you hungry for spiritually? Miracles, signs and wonders? Acts 2:42 tells of the birth of the NT church- they were hungry & they experienced the move of God. They continued steadfastly in the Word & in prayer.
- Change/adjust your appetite and see the difference.